

INSTRUCTIONS TO PATIENTS REQUIRING A PROCEDURE WITH INTRAVENOUS SEDATION

It is a legal requirement that a responsible adult (over 18 years old) must accompany you to your appointment and then home or to a suitable place of care after treatment. They must assume care for you and any children or dependents that you are solely responsible for, for the next 24 hours.

Your escort is required to make arrangements to transport you home by car or taxi.

It is essential that both you and your escort clearly understand the effects of sedation before arriving for the procedure and the need to follow all post-sedation instructions.

If either you or your escort are unwilling or unable to comply with these requirements the appointment will be cancelled and rearranged.

Before the procedure I agree to...

1. Inform the dentist of my full medical history including any medication that I am taking and any allergies I may have
2. Make arrangements to be accompanied by a responsible, healthy adult over 18 years old. I understand that they will have to remain with me and accept responsibility for my care either at my home or a suitable place for the next 24 hours. I understand they will be responsible for transporting me home from the clinic by private car or taxi.
3. Make arrangements for the care of any children, elderly or dependant relatives I am solely responsible for during my appointment. I understand that when home my escort must accept responsibility for their care for the next 24 hours.

On the day of the procedure I agree to...

1. Turn up to my appointment in good time with a responsible adult.
2. NOT STARVE myself. No later than 2 hours before my appointment I will have a light meal or snack
3. Remove any nail varnish I am wearing
4. Bring all medication I am taking with me, including inhalers
5. Wear comfortable short sleeved clothing and flat-heeled shoes (not flip-flops)
6. Inform the dentist of any changes to my health or medication

After the procedure for the next 24 hours I agree to...

1. Avoid driving, cooking, operating machinery or undertaking any work that may involve danger to myself or others
2. Avoid making important decisions or signing documents
3. Avoid climbing stairs unaided
4. Avoid any alcohol, sleeping tablets or tranquillizers
5. Contact the practice if I have any problems